

A Poem by Jane Vella – 1990s

**Sharing**

Pain and weakness  
can bring help

Sharing  
pride and joy  
can bring insight

Sharing feelings:  
glad, sad, scared, mad  
can bring relief  
can bring encouragement

Sharing wealth  
can bring new wealth

Sharing knowledge  
can bring amazing grace

Sharing the kayak on Lake Jubilee  
can bring laughter  
and love.