



Personal Reflection – May 2, 2024

The Gift of Presence

My dear friend, Lois, comes faithfully every Thursday at 4pm to delight me with the gift of her Presence.

Did you know that the Hebrew word for “presence” is a feminine noun: Shekina, the felt Presence of God? Feminine! Wow.

I need Presence as I need air to breathe, food and drink to live, love and laughter to continue living. I need *slow* presence, with lots of quiet time together: chewing on deep thoughts shared.

I need the dance of WOW at a story told. I need shared tears and oh, I need the laughter.

Is it need or want? I cannot offer any honest response to that - only: Yes! In the midst of the inevitable physical and emotional pain of aging, needs and wants hold hands.

I might just die without a Lois!

--by Jane Vella