



Personal Reflection – September 21, 2023

## **I Gotta Learn My People**

So said, with firm conviction, my new friend and Home Health Aide, Phyllis. She works to accompany seniors who need attention as we age. Her experience is vast! As we chatted, Phyllis made it clear that she saw her first task with a new client was to "learn her."

I thought of our esteemed learning needs and resources assessment (LNRA). I told Phyllis I would share with you her wisdom: *First, you gotta learn your people!*

--Jane Vella