



Personal Reflection – June 5, 2023

### **What Is a 'Nudge'**

Today I got a 'nudge': to listen to Mozart's opera Die Zauberflöte, from the Met in New York City (6/03/23). It's in German! I just wanted to hear two+ hours of Mozart's divine music sung by a vigorous group of glorious voices. Oh my!

I heard the opera (composed by Mozart at 34 and the year before his death) for the first time! I felt it, as the singers felt it, undistracted by visuals. Weeping at the beauty of the music.

The audience at the Met went crazy! It was two and a half hours of music, Mozart's music.

I see that my 'nineties life' now is sheer music: no visuals.

So, what is a 'nudge'? You tell me, please.

--Jane Vella