

A Poem by Jane Vella - 1991

Swimming

Somebody? Anybody?

No, this body sensate and wet

Glistening through the deep water

Joyous in the familiar place

Free!

This body remembers

An expectant child

Swimming in the amniotic pool

Curled expectancy

Kicking her hope for

Life, light and love.

Now, stretched out

Kicking hopes for

Health, rest and calm

In the playful waters!

A sixty-year-old child

Playing the same games

For the same prizes

Gliding in the familiar medium

This body

Sensate and wet!