

Personal Reflection – January 21, 2023

Selfebration

I love a celebration, I always have! Today I celebrate *SELFEBRATION*: a celebration of one's Self.

"Well done," I say when I hear Patricia laugh on our daily phone conversation. "Well done," I say when I make a good supper, and enjoy it. "Great job!" I say when I wake from an afternoon's two-hour siesta. It's a *Selfebration*!

I can almost see God smile: "By George, she's got it! I knew she would."

My Jane-enhanced dictionary has my own new words: Selfebration, Disattended, Unconscientious, Followship ... to name a few.

Disattended: Not disappointed – I did not have an appointment, but *disattended*.

Unconscientious: Attentive to the work of the unconscious.

Followship: A leader's attention to those she leads.

I've got to have words for new awareness.

Let's have a Selfebration. Today!

--Jane Vella