

Personal Reflection – May 17, 2022

## Learning from Tennis

I love this tennis season: Australia, the French Open, Wimbledon, The US Open. Ahhh! Young men and women, many born in this critical century, play their hearts out on clay or cement courts.

What does this tennis season teach an old lady?

I saw for the first time that it is an unusually *cumulative sport*. And, I realized for the first time how much tennis looks like *life*. Every single point has the same value. Invaluable! Each point is the most important point at the moment. Each point takes all of our attention, all of our effort, all our self-confidence, hope and love of the game. That's life!

One point at a time! That's what I learned this week from tennis.

--Jane Vella