



Personal Reflection – January 6, 2023

Emergence-see

A new word! A new experience!

My long-time friend and colleague, Betsy Barton, and I were able to do an hour-long radio show on WPTF Raleigh, North Carolina. *Aging Matters* is a broadcast of Transitions Lifecare (Hospice) of Wake County. The title of this episode is “What a 91-Year-Old Woman Wants You to Know” and it enabled me to share what I have gained as a patient of the Transitions Palliative Care program.

Betsy and I decided not to script the program, but to let our words (and laughter) flow from our dialogue, she as the Transitions Education Director and I as the Palliative Care patient.

Please listen to the 46-minute program: www.twptf.com/aging_matters. You will laugh, and you might even cry! Great fun, as usual, with my friend, Betsy.

We both learned the power of EMERGENCE-SEE – as our dialogue led to places neither of us had imagined. The dialogue emerged, as Betsy asked questions and I responded, and we laughed together. We SAW (and heard) what was unexpected and eloquent beyond our personal power.

Emergence-See!

--by Jane Vella