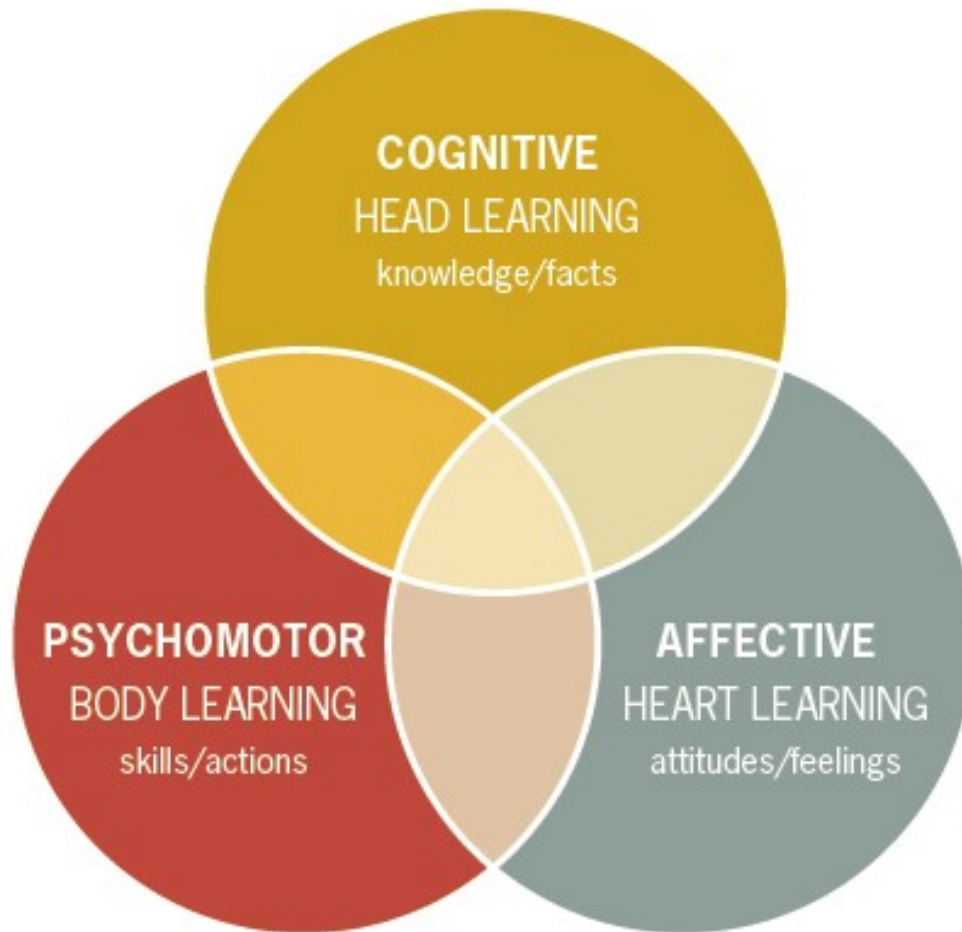


## Teaching Holistically: Using Three Learning Domains



Benjamin Bloom described three overlapping domains for learning:

**Cognitive domain** (knowledge)—head learning

**Affective domain** (attitudes/beliefs)—heart learning

**Psychomotor domain** (skills)—body learning

Teaching holistically requires more than the study of ideas and the sharing of information (cognitive). It also involves how we feel (affective) about the ideas and concepts we are learning and learning skills we need (psychomotor) to be able to use those ideas. For learners to change something in their work or lives, they need the key *information*, the *skills* to do it, and the *conviction* that it is important to do – they need to know **WHAT** something is, **HOW** to use it, and **WHY** it is important.