

Draw it Out

WHAT: A technique to access thinking, knowledge and emotion about an idea, situation or challenge.

WHY: To access reactions, knowledge and personal data from a different part of the brain; to uncover untapped understanding.

HOW: Invite participants in a meeting, learning event or gathering to draw their understanding of something. This is usually solo work but can also be a group activity or by using the “gallery walk” technique. Share the drawing in pairs or groups; then debrief what surfaced in the conversations. This can be shared while standing or by posting all the drawings on the walls.

WHEN: As part of a warm-up at the start of a day or important work with a group; at the end of the day to synthesize the journey, a group has been on; when you need to share the history of something.

VIRTUAL APPLICATION: *Each participant can be invited to draw on a piece of paper and hold up to the camera so all can see; this sharing can help to start a session, synthesize learning, or communicate feelings about something.*

