

What is important to Kelsey as a Trainer

- *Integrating stories from the group into the training. Making the material relevant to those in attendance.*
- *Receiving frequent feedback about difficult concepts or ideas that are confusing or need more explaining*
- *Making sure people are having fun and enjoying the training*
- *Developing a connection with the group that helps create a positive environment for participation and challenging conversation.*
- *Conveying core values that inform my care and person centered approach.*
- *Having passion for the content and relaying the real life impact Person Centered Thinking can have on the people we serve and ourselves!*
- *Fully exploring the “why” of everything we do as service providers.*
- *Having time to establish dialogue between learners and the trainer*
- *Establishing Respect, Engagement, Safety, Relevance, Immediacy and Inclusion (Principles of Dialogue Education)*
- *Creating opportunities for ‘stretching’ perspectives and ideas about providing services.*
- *Asking Powerful, Appreciative, open questions.*
- *Creating Relationships with the group.*
- *STAR WARS!*
- *Establishing a good rhythm and flow to the day.*

Kelsey Stavseth’s One Page Trainer Profile



How best to support Kelsey as a Trainer

- *Participants engaging with the training by asking clarifying and insightful questions, which foster a deeper understanding of the material.*
- *Group participation and energy.*
- *Frequent feedback throughout the day stating what is/isn’t working.*
- *Share your knowledge and experiences – they are relevant, important and appreciated!*
- *Having someone available to support with set up and troubleshoot any technical issues.*
- *If group sharing is not your thing, please come and find me during a brief break for a one on one share.*
- *Ability to access the space prior to the training. Being able to set up the night before*
- *At least 15 minutes of alone time throughout the day to refuel myself.*
- *‘Lean into discomfort’*
- *Compliments go a long way!*
- *Fill out the surveys with as much detail as possible.*

What people like and admire about Kelsey as a trainer.

- *Sense of humor*
- *Honest and insightful discussions based on the sharing of ideas.*
- *Great at listening*
- *Open to collaborating and always willing to learn.*
- *Kind, caring and compassionate.*
- *Not afraid to dream big or apply creative solutions to challenging problems.*
- *Being curious.*
- *Great at creating dialogue*