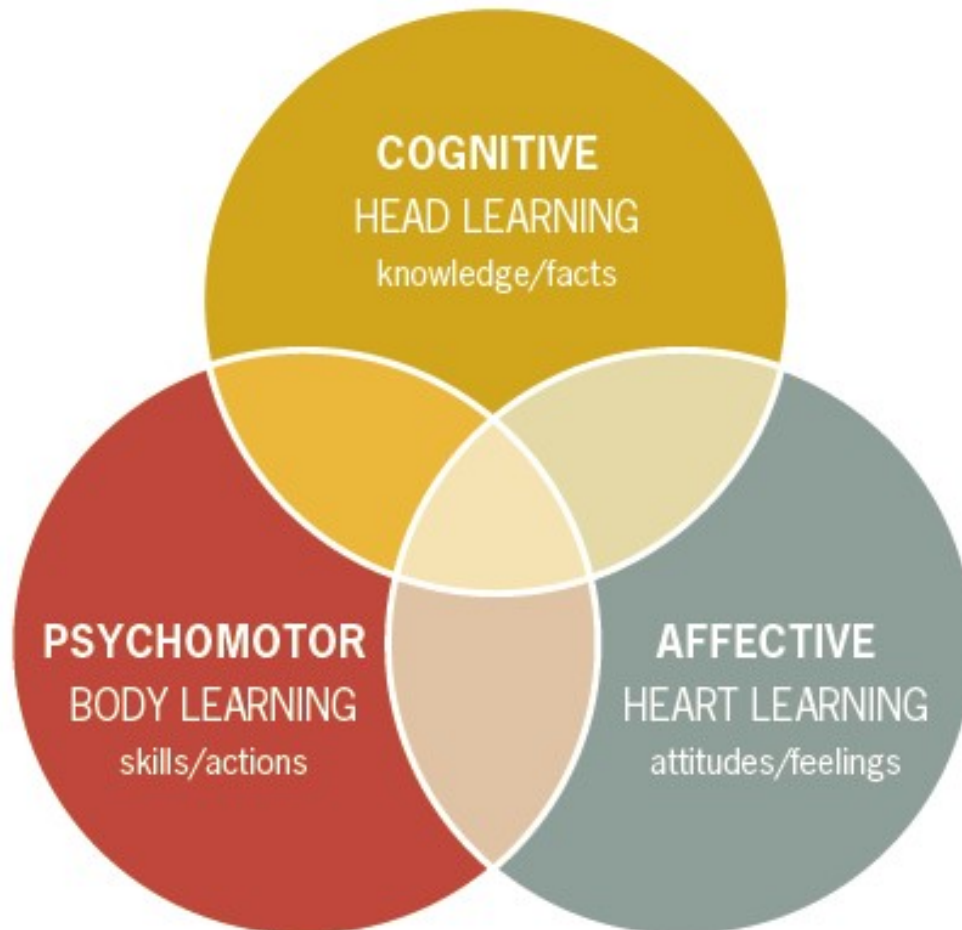


Teaching and Planning Holistically: Using Three Learning Domains



Benjamin Bloom described three overlapping domains for learning:

Cognitive domain (knowledge)—head learning

Affective domain (attitudes/beliefs)—heart learning

Psychomotor domain (skills)—body learning

Teaching holistically requires more than the study of ideas and the sharing of information (cognitive). It also involves how we feel (affective) about the ideas and concepts we are learning and learning skills we need (psychomotor) to be able to use those ideas. For participants to change something in their work or lives, they need the key *information*, the *skills* to do it, and the *conviction* that it is important to do – they need to know **WHAT** something is, **HOW** to use it, and **WHY** it is important.

Ask yourself: *What do these individuals need at this time? What should the priority focus be?*